

Patient Centered Priorities, Goals, and Plans

June 1, 2019

Short-Term Goals	<ul style="list-style-type: none"> • See a dentist • Work on getting ID • Wants a haircut before ID • See psychiatry regarding stimulant use—interested in long-acting treatment (dexedrine spansules¹) • Consider NRT—would try nicotine puffer in the future • Apply for status card • Reduce illicit opioid use • Reduce risk of overdose • Trial of oral OAT (slow-release oral morphine as Kadian)
Long-Term Goals	<ul style="list-style-type: none"> • Stop sharing needles • Spend more time with family • Stop injecting illicit opioids • Get ID and status card • Get dental work done and maybe dentures or implants • Work more (not ready for full-time) • Treat hepatitis C
Plans/Strategies to Achieve Goals	<ul style="list-style-type: none"> • Defer; Can assist with planning if patient requests assistance with achieving a specific goal listed above
Successes	<ul style="list-style-type: none"> • Got housing • Working part-time • Attends clinic for iOAT 2–3 times daily

Health & Social Functioning (from TOP January 2019):

Psychological Health 15/20

Physical Health 12/20 (might improve with hep C treatment)

Overall quality of life 15/20

¹ Nuijten M, Blanken P, van de Wetering B, Nuijen B, van den Brink W, Hendriks VM. Sustained-release dexamfetamine in the treatment of chronic cocaine-dependent patients on heroin-assisted treatment: a randomised, double-blind, placebo-controlled trial. *Lancet (London, England)*. 2016;387(10034):2226-2234. 10.1016/s0140-6736(16)00205-1

THIS IS A SAMPLE TREATMENT PLAN
THIS FORM IS NOT MEANT FOR CLINICAL USE.