### Patient Centered Priorities, Goals, and Plans

June 1, 2019

| **Short-Term Goals** | • See a dentist  
| | • Work on getting ID  
| | • Wants a haircut before ID  
| | • See psychiatry regarding stimulant use—interested in long-acting treatment (dexedrine spansules¹)  
| | • Consider NRT—would try nicotine puffer in the future  
| | • Apply for status card  
| | • Reduce illicit opioid use  
| | • Reduce risk of overdose  
| | • Trial of oral OAT (slow-release oral morphine as Kadian)  
| **Long-Term Goals** | • Stop sharing needles  
| | • Spend more time with family  
| | • Stop injecting illicit opioids  
| | • Get ID and status card  
| | • Get dental work done and maybe dentures or implants  
| | • Work more (not ready for full-time)  
| | • Treat hepatitis C  
| **Plans/Strategies to Achieve Goals** | • Defer; Can assist with planning if patient requests assistance with achieving a specific goal listed above  
| **Successes** | • Got housing  
| | • Working part-time  
| | • Attends clinic for iOAT 2–3 times daily  

**Health & Social Functioning (from TOP January 2019):**

Psychological Health 15/20  
Physical Health 12/20 (might improve with hep C treatment)  
Overall quality of life 15/20

---


**THIS IS A SAMPLE TREATMENT PLAN**  
**THIS FORM IS NOT MEANT FOR CLINICAL USE.**