

CRISM rapid guidance for substance use during the COVID-19 pandemic

NATIONAL RAPID GUIDANCE RESOURCES

PROVIDERS MAY TAKE THESE KEY POINTS INTO CONSIDERATION; HOWEVER THIS DOCUMENT DOES NOT SUPERCEDE PROVINCIAL / TERRITORIAL REGULATION OR CLINICAL EXPERIENCE

Mental Health and Substance Use Resources

Centre for Addiction and Mental Health (CAMH):

Mental Health and the COVID-19 Pandemic Narcotics Anonymous Taking Care of Your Mental Health (COVID-19)

Wellness Together Canada: Mental Health and Substance Use

Indigenous Communities

Assembly of First Nations: COVID-19

First Nations Health Managers Association: COVID-19 Resources and Announcement
Up-to-date information on COVID-19

First Peoples Wellness Circle: COVID-19 Resource Page

Provides printable Information Sheets for Mental Wellness for Community; Parents and Children; Elders and Seniors; and Health Professionals

Thunderbird Partnership Foundation: Harm Reduction during COVID-19

Harm Reduction Resources

Canadian Association of People Who Use Drugs (CAPUD)

Canadian Drug Policy Coalition: COVID-19 Harm Reduction Resources

International Network of People Who Used Drugs: COVID-19 Crisis
Harm Reduction Resources for People who Use Drugs

Support Resources for Healthcare Providers

Canadian Foundation for Healthcare Improvement (CFHI)

Supports partners to accelerate the identification, spread and scale of proven healthcare innovations.
Webinar Series: Patient Partnership in a Time of COVID-19

Government of Canada: Coronavirus disease (COVID-19) resources for health professionals
Health Canada Subsection 56(1) Class Exemption for Patients, Practitioners and Pharmacists Prescribing and Providing Controlled Substances in Canada during the Coronavirus Pandemic

www.crisim.ca/projects/covid



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Mental Health First Aid Canada

Resource hub which provides credible information and resources for mental health for the Healthcare professionals “Resources for Healthcare Sector”

Clinical Support Resources for Patients and Healthcare Providers

Anxiety Canada’s free MindShift™ CBT app

This app focuses on assisting in the management of anxiety using scientifically proven strategies (free for iOS and Android devices)

British Columbia Centre on Substance Use: COVID-19

Canadian Addiction Counsellors Certification Federation Virtual Addiction Counselling

CATIE – Canada’s source for HIV and hepatitis C information

College of Physicians and Surgeons of Newfoundland and Labrador:

Opioid Agonist Treatment (OAT) Guidance during COVID-19

Community Addictions Peers Support Association (CAPSA) and Breaking Free Online

In response to COVID-19 and the increased risks for those with substance use disorders, the Community Addictions Peers Support Association (CAPSA) has partnered with Breaking Free Online to provide free access to Canadians (service code CAPSA2020)

Draft Emergency Carry Agreement

Nova Scotia Department of Health and Wellness: Points to Guide Clinical Decision for OAT Prescribers

Nova Scotia Health Authority (NSHA) Standard Operating Procedures for Opioid Use Disorder Treatment (OUDT) Programs

Documents included: Overview and Infection Control Practices SOP, New Admissions and Transfers SOP, Ongoing Client Being Prescribed Methadone SOP, and Clients in Self-Isolation or Quarantine SOP.

Providence Health Care Nursing Practice Standard Dispensing Injectable Opioid Agonist Therapy to Client With or at Risk of COVID-19

SMART Recovery Program

This website includes message boards, chat rooms, online meetings, and an online library of recovery resources

Take Home Naloxone

Free online naloxone training

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Toward the Heart

Free online naloxone training

Health Canada Toolkit

Health Canada has compiled a number of resources in an effort to provide clarity regarding the rules that apply for substance use disorder treatment or providing a pharmaceutical grade alternative to the toxic street supply in Canada, in the context of COVID-19. This includes the following documents:

- A regulatory pathways graphic;
- Frequently asked questions and answers related to the legislative and regulatory requirements for substance use disorder treatment/safer supply;
- A list of all relevant exemptions that have been issued under the Controlled Drugs and Substances Act;
- Formulary coverage under drug plans of medications used in substance use disorder treatment and as pharmaceutical grade alternatives to the illegal supply; and,
- Resources related to substance use disorder treatment and providing safer supply, both in general and during the COVID-19 pandemic.

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